

Milford Exempted Village School District Resource List UPDATED August, 2023

MJ Ostrowski : District Mental Health Coordinator

Preschool 513-728-7400 Chris Westerkamp: School Psychologist

<u>McCormick</u> 513-575-0190 Keely Meer: School Psychologist Jennifer Cooper: Mental Health Interventionist Shelby Frank: Child Focus

<u>Charles L. Seipelt</u> 513-831-9460 Mary Beth Silvers: School Psychologist Alban Schneider: Mental Health Interventionist Sam Myers: Child Focus

Boyd E. Smith 513-575-1643 Lisa Fetick: School Psychologist Michelle Jeffcott Pera: Mental Health Interventionist Chandler Gray: Mental Health Interventionist Janielle Stampley: Child Focus

Milford Junior High School 513-831-1900 Joy Davis: School Psychologist Julie Beelman: 7th grade School Counselor Jenna Chambers: 8th grade School Counselor Sam Myers: Child Focus Lauren Stout: Best Point Emily Smith: Mental Health Interventionist/SBDT Megan White: Mental Health Interventionist <u>Milford Academy</u> 513-728-7400 Hannah Joy: Best Point Keely Galluzzo: Mental Health Interventionist

<u>Mulberry</u> 513-722-3588 Jessica Placko: School Psychologist Raven Frazier: Mental Health Interventionist Janielle Stampley: Child Focus

Pattison 513-575-1643 Jen O'Brien: School Psychologist Keely Galluzzo: Mental Health Interventionist Shelby Frank: Child Focus

<u>Meadowview</u> 513-831-9170 Julia Williamson: School Psychologist Michelle Jeffcott Pera: Mental Health Interventionist Brendan Carroll:Child Focus

Milford High School/Freshman Community 513-831-2990 Tammy Rich:School Psychologist Kaitlyn Richter: 9th grade School Counselor Shelly Lyden: A-F 10-12 School Counselor Liz Hartley: G-M 10-12 School Counselor Michelle Dolezal: N-Z 10-12 School Counselor Liz Emmons: College and Career Counselor Hannah Joy: Best Point Leah MacPherson: Best Point Chandler Gray: Mental Health Interventionist/Flight Katlyn Morrison: Mental Health Interventionist/SUITE Emily Fumarola: Mental Health Interventionist

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#### MindPeace

MindPeace is a search engine of sorts to help families find resources on the following topics listed above in our Tristate area.

http://mindpeacecincinnati.com/

\*The material and resources contained in this Suggested Resource List is not endorsed by Milford Exempted Village School District. The listed organizations are not affiliated with Milford Exempted Village School District.

# ALCOHOL AND/OR DRUG ASSESSMENT AND COUNSELING RESOURCES

#### **Addiction Services Council**

(513) 281-7880

#### http://www.addictionservicescouncil.org/

The Addiction Services Council is a non-profit, community-based organization that provides professional resources on alcohol, tobacco, and drug-related issues.

#### **Cincinnati Drug Rehab and Alcohol Addiction Treatment**

1-877-882-9275

http://www.drug-rehabs.org/Ohio-Cincinnati-drug-rehab-treatment.htm

A resource to help find the best drug rehabs and alcohol addiction treatment centers in Cincinnati, OH to help you with a successful recovery program.

#### **Clermont Recovery Center**

(513) 735-8100

#### www.recoveryctr.org

This organization provides treatment for adolescents and delivers comprehensive, customized care to families and individuals suffering from substance abuse and mental illness.

#### **Coalition for a Drug Free Clermont County**

(513) 735-8143

#### https://drugfreeclermont.org/

The role of the Coalition for a Drug-Free Clermont County is to understand and promote community decision making, collaboration and ownership among many different organizations. It is to permit these organizations to work together to resolve specific community challenges. In addition, the Coalition will integrate prevention into the very fabric of the community.

#### Northland/The Ridge

(513) 275-7571

#### https://theridgeohio.com/outpatient/

This organization provides community residential, outpatient, intensive outpatient, and adolescent substance abuse, crisis care, drug court services, substance abuse and mental illness assistance.

# **Talbert House**

(513) 281-2273 http://www.talberthouse.org/

This organization provides community residential, outpatient, intensive outpatient, and adolescent substance abuse, crisis care, drug court services, substance abuse and mental illness assistance.

# DRS & Addicted.org

Parent's Guide to Fentanyl

- Guide for Parents
- Information on Fentanyl
- Online Safety Tools
- Helpful Videos & Articles

# **ABUSE RESOURCES**

# **Child Abuse Hotline**

# 1-800-4-A-CHILD

# www.childhelp.org

Childhelp is a non-profit organization whose mission is to meet the physical, emotional, educational and spiritual needs of abused, neglected and at-risk children. Childhelp is not affiliated with Child Protective Services, any governmental agency, political party, religious denomination, or any other entity, organization or institution.

#### Child/Adult Protective Services (513) 732-7173 https://cps.clermontcountyohio.gov/

# **Domestic Violence Shelter YWCA (House of Peace)**

(513) 753-7281 https://www.ywca.org/

The YWCA House of Peace provides safe and protective shelter for residents in Clermont, Brown and Adams Counties. Their 24 hour crisis hotline offers assistance, advocacy and other supportive services for all

victims/survivors, and their families, of domestic violence and sexual assault. The 24 hour crisis hotline includes TTY services and an International Language line. Advocates offer assistance and support in the following areas: peer counseling and moral support, assistance with creating a safety plan and determining if shelter is appropriate, and information about protection orders (including Civil, Criminal, Stalking or Sexually Oriented Offense Orders).

#### **Clermont County Job and Family Services**

(513) 731-7111 www.djfs.clermontcountyohio.gov Hamilton County Job and Family Services administers state, federal and local programs designed to help those in need and help families work toward self-sufficiency.

# **Runaway Hotline**

800-786-2929 <u>https://www.1800runaway.org/?scrlybrkr=17a86c1c</u> The mission of the National Runaway Safeline (NRS) is to keep America's runaway, homeless and at-risk youth safe and off the streets.

# **COMMUNITY SUPPORT RESOURCES**

#### **Beech Acres**

(513) 231-6630 https://beechacres.org/

Mission Statement: Inspiring and equipping today's parents, families, and communities to raise capable, caring, contributing children.

<u>Every Child Succeeds</u>: a voluntary home-visitation program for at-risk mothers in Clermont and Hamilton counties. Beech Acres Family Support Workers (FSW) begin working with the families prior to the child's birth and partner with the family up to the age of 3. The program offers parenting and child development information and assists in strengthening parenting skills. The FSW also connects the mother and family to community resources as needed.

<u>Group, Education & Mediation Services</u>: a variety of services and supports to parents, families and schools to meet the needs of children, teenagers, families, single parents, stepfamilies, and others. Community–based throughout the Greater Cincinnati area.

# **CAP** (Central Access Point)

(513) 381-7233 Contact this number first to assist with immediate care. https://www.strategiestoendhomelessness.org/caphotline\_can\_help/

The Central Access Point (CAP) is a centralized intake system for families and individuals who are currently experiencing homelessness or who are at risk of becoming homeless. CAP is a resource that will direct callers to a shelter with openings for that night.

# Calvary Baptist

Matt Roberts 513-505-3883 https://www.iamcalvary.com/foodpantry

Here at Calvary we strive to help our community in any way we can. If you or anyone you know needs help with food please fill out the form on our website or call us and allow us to serve you as we can.

#### Drop Inn Center Center for men: (513) 721-0643 Center for women: (513) 562-1980 http://www.shelterhousecincy.org/ The Drop Inn Center provides food and shelter for single men and women over the age of 18.

Feed our Flock (513) 404-8287 https://feedourflock.org/ Feed our Flock strives to: Relieve Poverty, Provide Access to Wellness and Care of the children of Milford

Freestore Foodbank (513) 241-1064 http://www.freestorefoodbank.org/ Freestore Foodbank provides food and services, creates stability, and furthers self-reliance for people in crisis.

# Inter Parish Ministry (513) 561- 3932 https://www.interparish.org/ Feeding families in need and connecting neighbors to life-enhancing resources.

Kingdom Warriors Greg Nicoletti 513-748-9285 https://www.kingdomwarriorsusa.org/

Kingdom Warriors feed and clothe the homeless, hooked, hurting and needy. Weekly we help feed hungry people by cooking right on the street. We provide a hot meal, 2 side dishes, dessert and beverages at no charge to our guests. Our ministry truck (Big Bertha) is equipped with coats, hats, scarves, gloves, boots, shoes, blue jeans, blankets, sleeping bags, tents, candles, blessing bags and other survival gear to help individuals survive the frigid winter nights.

#### Milford Miami Ministries/Milford Christian Church

Phone: 248-1114 www.mmministry.org MMM can help with food (once every 30 days) and financial needs such as electric bills, water bills, rent, and prescriptions (once every 12 months per household). The client needs to have a current picture ID, one piece of mail addressed to their current address, the bill and/or disconnect notice, name, address and telephone number of their landlord at the time they met with a volunteer. Applicants must live in Milford or Miami Township.

# Mercy Works Food Pantry/Rivertree Church

John Sinclair 513-518-3773 https://rivertreevineyard.com/volunteer-opportunities/mercyworks/ We serve meals to the under-resourced weekly and do special event outreaches approximately monthly. Local Outreaches are various projects in the community such as free drinks, leaf raking, grocery giveaways and other services.

#### **Public Utilities Commission**

(800) 282-0880 https://puco.ohio.gov/wps/portal/gov/puco/

Energy assistance programs: Help with paying your utility bills: gas and electric. The assistance may be in the form of a reduction of your heating bill and/or a set amount based on your income to be paid each month. Eligibility for these programs is usually based on household income.

#### **Salvation Army**

(513) 732-6241

https://easternusa.salvationarmy.org/greater-cincinnati/

The Salvation Army offers emergency disaster relief, emergency assistance, emergency shelter, housing, outreach programs, visitation programs, child care services, youth programs, a program to combat human trafficking, an adult rehabilitation center, and holiday assistance for needy individuals and families.

#### St. Vincent de Paul

(513) 248-2664

https://www.svdpcincinnati.org/about-us/programs/

Offer help and hope to our struggling neighbors when they need it most. For some, it's a one-time need. For others, the assistance is ongoing. For all, we do whatever we can to make a difference, drawing inspiration from our history, as well as from our values, beliefs and founding principles.

# United Way of Greater Cincinnati

Main: (513) 762-7100 Eastern Location (Batavia): (513) 536- 3000 http://www.uwgc.org/ United Way will assist with locating shelters with openings for families in crisis.

# **CRISIS RESOURCES**

**Best Point Pediatric Urgent Care** 513-527-3040

Clermont County Crisis Hotline 513-528-SAVE https://clermontcountyohio.gov/2021/02/04/calls-to-528-save-crisis-hotline-increase/

#### **Clermont County Crisis Response Team**

513-752-1555 https://www.child-focus.org/behavioral-health/specialized-programs/crisis-response-team/

The Clermont County Crisis Response Team (CCCRT) provides support to local schools, businesses and communities in crisis. The team is co-led by Child Focus, Inc. and the Clermont County Educational Service Center. The CCCRT boasts over 80 volunteer grief counselors from several social service and educational agencies in Clermont County. Since its inception in 1994, the CRT has responded to more than 150 calls for crisis intervention due to severe injury and death, murder, suicide and natural disasters.

## Stay Safe Speak Up

1-866-listen2me (1-866-547-8362) https://staysafespeakup.app/Welcome/district/TheM

The Stay Safe. Speak Up! Student Safety Reporting System, powered by PublicSchoolWORKS, is provided for students and parents to report issues related to: bullying, harassment, intimidation or threats, alcohol or drug abuse, physical or mental abuse, bomb threats, discrimination, hacking or cyber vandalism, health concerns including self-abuse, HIV and AIDS, suicidal behavior, suspicious behavior, theft, tobacco possession, use or distribution, vandalism, violence or fighting, weapons or other dangerous items, or other issues of concern.

# **DISABILITY RESOURCES**

#### Alycia Champion, Forest Hills Parent Resource Coordinator

(513) 231-3600 ext. 2946

https://www.foresthills.edu/departments/student-services/parent-resource-coordinator.html

Forest Hills' Parent Resource Coordinator, Alycia Champion, provides information on special education processes, laws, support groups and resources to parents and the district so both can work collaboratively to help each child be successful. She is the parent of a child with special needs and therefore has a shared perspective that helps her address questions and concerns with compassion, as well as provide valuable assistance to parents.

#### Autism Society of Cincinnati

(513) 561-2300 www.autismcincy.org

This organization provides knowledge, information and resource services' family support, education programs; and community projects and events to increase autism awareness. Specifically includes: monthly family support meetings, connecting to a specialist live on website, monthly speakers and networking opportunities, and general information and news related to autism.

# **Brain Injury Association of Ohio**

(614) 481-7100 (Brain Injury Association of Ohio)

#### http://www.biaoh.org

This organization works to advance brain injury prevention, research, treatment and education and to improve the quality of life for all individuals impacted by brain injury. The website provides extensive information about the diagnosis and treatment of brain injury.

#### The Down Syndrome Association of Greater Cincinnati

(513) 761-5400

# http://www.dsagc.com

The mission of the Down Syndrome Association of Greater Cincinnati is to empower individuals, educate families, enhance communities and together, celebrate the extraordinary lives of people with Down syndrome. This website provides a calendar of empowerment classes and social events for school-aged kids with Down Syndrome. The organization has a comprehensive library of books and DVDs for families and professionals.

# EATING DISORDER RESOURCES

# A Weigh Out

(513) 321-4242
http://www.aweighout.com/
support@aweighout.com
A Weigh Out provides step-by-step tools to stop emotional eating and weight obsession.

#### **Children's Hospital**

(513) 636-9657 <u>https://www.cincinnatichildrens.org/service/a/adolescent-medicine/programs/eating-disorders</u> Cincinnati Children's works to improve child health and transform delivery of care through fully integrated, globally recognized research, education and innovation.

#### **Linder Center of Hope**

(513) 536-4673

lindnercenterofhope.org

Lindner Center of HOPE is an award-winning mental health treatment center in Cincinnati providing anxiety treatment, depression treatment, eating disorder treatment and TMS therapy.

# **National Eating Disorders Helpline**

(800) 931-2237
For 24/7 crisis support, text 'NEDA' to 741741
http://www.nationaleatingdisorders.org
NEDA supports individuals and families affected by eating disorders and serves as a catalyst for prevention, cures and access to quality care.

# GAY/LESBIAN/TRANSGENDER RESOURCES

#### Safe & Supported: A Resource Guide for parents and providers serving LGBTQ Youth Safe & Supported Resource Guide

# **GLSEN (Gay Lesbian Straight Education Network)**

(866) 934-9119

# http://www.glsen.org/

GLSEN works to ensure every student, in every school, is valued and treated with respect, regardless of their sexual orientation, gender identity or gender expression. The organization believes that all students deserve a safe and affirming school environment where they can learn and grow.

# **GLSEN Youth Group**

# http://www.glsen.org/chapters/cincinnati/youthgroup

GLSEN Youth Group works to ensure every student, in every school, is valued and treated with respect, regardless of their sexual orientation, gender identity or gender expression. The organization believes that all students deserve a safe and affirming school environment where they can learn and grow.

# PFLAG (used to be Parents & Friends of Lesbian & Gay)

(513) 721-7900

https://pflag.org/

PFLAG Cincinnati is a non-profit organization of volunteers who offer support for lesbian, gay, bisexual, transgender, and intersex individuals, families and friends in a safe and caring environment. The PFLAG

Support Group meets the second Tuesday of each month at 7 p.m. at Mt. Auburn Presbyterian Church,103 William Howard Taft Road.

#### Human Rights Campaign

Click the link below to find numbers of hotlines and services tailored to your needs. https://www.hrc.org/resources/direct-online-and-phone-support-services-for-lgbtq-youth

# **GRIEF RESOURCES**

#### **Cancer Family Care**

(513) 731-3346 (Auburn Ave.) www.cancerfamilycare.org

Cancer Family Care is a nonprofit organization that helps children and adults cope with the effects of a cancer diagnosis in the family. They are known throughout the Greater Cincinnati region as a force of compassion and strength in the face of cancer-related illness and loss. They provided therapeutic counseling, education, support, and hope to all people touched by cancer. Programs are available at six area offices, and to ensure continuity of care, our social workers and counselors are glad to make house and school calls. CFC is a United Way partner agency and is accredited by the Better Business Bureau.

#### Fernside Center for Grieving Children

(513) 246-9140

#### http://www.fernside.org/

Fernside provides grief support services, outreach and education to the community and families. An affiliate of Hospice of Cincinnati, Fernside services complement Hospice of Cincinnati's comprehensive bereavement program by addressing the unique needs of children. Fernside provides all services free of charge with the help of generous donors. Many programs are available, go to the website for a full list.

#### Companions on a Journey Grief Support, Inc.\*

(513) 870-9108

#### http://www.companionsonajourney.org

Companions on a Journey Grief Support (COJ) is open to anyone who grieves the death of a loved one. COJ provides over 35 grief specific support groups assisting every type of loss including; spouse, parent, sibling, child, infant (including miscarriage), friends and those whose loved ones who had died by suicide and murder.

#### **Grief Counseling**

Sheila Munafo-Kanoza Founder and Executive Director Companions on a Journey sheila@companionsonajourney.org 513-870-9108 http://companionsonajourney.org/

#### Cincinnati Children's Hospital Medical Center\*

513-636-0069 www.cincinnatichildrens.org

The Bereavement Services department of Cincinnati Children's Hospital Medical Center provides bereavement support to families who experience the death of a child or young adult. Bereavement services are provided

through StarShine Hospice, our pediatric hospice program, integrated into the Palliative Care Team and part of the overall services provided throughout the medical center.

# **HOMELESS RESOURCES**

#### **Greater Cincinnati Homeless Coalition**

(513) 381-7233 (513) 381-SAFE

http://cincihomeless.org/need-help-2/

This is the Central Access Point (CAP), a centralized intake system for families and individuals who are currently experiencing homelessness or who are at risk of becoming homeless. Numerous agencies with descriptions of services and qualifications are included on the website. The only way to get into the following shelters is through this hotline: Bethany House Services, Interfaith Hospitality Network, Mercy Franciscan at St. John, the Salvation Army, & Mt. Airy Center.

Membership Resources: https://cincihomeless.files.wordpress.com/2013/02/membership-resources.pdf

#### **Bethany House**

(513) 557-2873http://www.bethanyhouseservices.org/A homeless resource for single women with and without children.

#### **Interfaith Hospitality Network**

(513) 471-1100<u>http://www.ihncincinnati.org/</u>A homeless resource for single and married men and women with families. There is a 3 p.m. curfew for adults.

#### **Lighthouse Transition Center**

Crisis Hotline - (513) 961-4080 <u>http://www.lys.org/</u> Mecum House is a Safe House and homeless resource for unaccompanied youth, 10-17 years old. Lighthouse also provides shelter, housing and resources for young adults 18-24 years old.

#### **Cincinnati Red Cross**

(513) 579-3000 http://www.redcross.org/oh/cincinnati They can provide housing for the homeless as a result of natural disaster or fire.

#### United Way of Greater Cincinnati

(513) 762-7100

https://www.uwgc.org/your-impact/programs-initiatives/stable-families

The United Way connects hundreds of agencies to people in need, bringing the necessary resources to those who reach out to their services. They have a homelessness prevention program called Stable Families that can help provide emergency assistance for critical bills, while also providing coaching for future financial expenses.

# **MEDICAL CARE RESOURCES**

Children's Hospital (513) 636-4200 http://www.cincinnatichildrens.org/default/ Cincinnati Children's Hospital Medical Center is a 598-bed pediatric hospital located in Cincinnati, Ohio. It is ranked third among all Honor Roll hospitals in the 2013 U.S. News & World Report survey of best children's hospitals.

#### Healthsource of Ohio (Batavia office)

(513) 732-0870 http://www.healthsourceofohio.com A private, not-for-profit health center for both adults and pediatrics.

## Vision Care Outreach Program

(614) 464-2020 http://ohio.preventblindness.org/vision-care-outreach-program

This organization provides assistance with vision care and vision health. Individuals must contact the school health aide or school nurse to access the program (access must be initiated by school).

#### **City of Cincinnati Health Department**

(513) 357-7200 http://www.cincinnati-oh.gov/health/ Health centers have programs that can help the uninsured. Some health centers provide urgent dental care.

#### Hamilton County Public Health

(513) 946-7800
 <u>http://www.hamiltoncountyhealth.org/</u>
 HCPH accepts Medicare and Medicaid and provides a sliding fee scale for those who are uninsured.

# Hamilton County Public Health Immunization Clinics

(513) 946-7882 http://www.hamiltoncountyhealth.org/files/files/immunization\_clinics.pdf HCPHIC makes vaccinations available for Hamilton County residents who are uninsured or are receiving or eligible for Medicaid.

# **Clermont County Walk-In Immunization Clinic**

(513) 732-7499 (check this one-possible change) https://ccphohio.org/back-to-school-immunizations

# The Children's Health Insurance Program (CHIP)

1-800-318-2596

https://www.healthcare.gov/medicaid-chip/childrens-health-insurance-program/ If children need health coverage, they may be eligible for the Children's Health Insurance Program (CHIP).

# PREGNANCY RESOURCES

# **A Caring Place**

513-753-HELP https://www.acaringplace.org/

Non-profit funded organization. Free pregnancy tests, parenting classes, financial life skills class, sexual integrity education, ultrasounds, adoption information & referrals, baby & maternity supplies, post-abortion support, abortion information consultations,

Just for Men. All at no cost.

Every Child Succeeds 513-636-2830 https://www.everychildsucceeds.org/ Helping parents raise successful thriving children

Clermont County Public Health 513-732-7499 www.ccphohio.org HIV and STD Prevention and Services

**Give Like a Mother** Mobile: 513-400-3208 Office: 513-732-0130

#### https://givelikeamother.com/

A licensed 501(c)3 nonprofit, clothing assistance program that supplies children in need with seasonally appropriate clothing.

Life Forward 513-961-7777 http://www.lifeforwardcincy.org/ Resource for unplanned pregnancy

#### **Planned Parenthood- Southwest Ohio Region**

513-287-6484 https://www.plannedparenthood.org/health-center/ohio/cincinnati/45219/mt-auburn-health-center-3346-91260?u tm campaign=mt.-auburn-center&utm medium=organic&utm source=local-listing

Pregnancy Center East 513-321-3100 https://pregnancycentereast.com/

# **PSYCHIATRIC RESOURCES**

Best Point Pediatric Urgent Care 513-527-3040 https://mindpeacecincinnati.com/search/best-point-pediatric-urgent-care/

#### **Central Clinic: Behavioral Health**

(513) 558-5878 Intake and general information

(513) 558-5857 Child and Adolescent Counseling Services

#### http://www.centralclinic.org

The Child & Family Treatment Center of Central Clinic Behavioral Health, partially funded by <u>United Way</u>, provides mental health services to children, adolescents and their families in a variety of office-based and community settings. Our goal is to assist children to be emotionally and developmentally prepared to be successful in their school and home environments.

#### **Child Focus**

(513) 752-1555 Mental Health

#### www.child-focus.org

Child Focus, Inc. (CFI) offers a wide range of mental health services including individual/family counseling, group counseling, therapeutic support, diagnostic assessment, crisis intervention, pharmacotherapy and partial hospitalization.

## Cincinnati Children's Hospital Psychiatric Intake Response Center

(513) 636-4124

https://www.cincinnatichildrens.org/service/p/psychiatry/programs

The Psychiatric Intake Response Center (PIRC), located within Cincinnati Children's, is the admission and evaluation center for all psychiatric services.

# **Greater Cincinnati Behavioral Health Resources**

(513) 735-8100

# www.recoveryctr.org

Clermont Recovery Center delivers comprehensive, customized care to families and individuals suffering from substance abuse, mental illness and co-occurring illnesses.

# Lindner Center of Hope

(513) 536-4673

#### www.lindnercenterofhope.org

Resource for adolescents with suicidal thoughts, thoughts of violence, tremendous fear, anxiety, or is unable to function as a result of mental health issues.

# <u>SELF-HELP RESOURCES</u>

# **Child Focus**

(513) 752-1555 (513) 528-7823- Crisis line only www.child-focus.org

Child Focus provides mental health services that parents and caregivers report are helpful and informative, as well as provide meaningful information, such as how to implement treatment recommendations in the home and educational settings.

#### **Lighthouse Youth Services**

(513) 221-3350 www.lys.org/

The mission of Lighthouse Youth Services is to advance the dignity and well being of children, youth and families in need. They promote good citizenship, responsible behavior and self-reliance. They provide help and resources for teens, young adults and parents as well as engaging the community and providing resources for professionals.

# **Council on Child Abuse**

(513) 684-7976 www.cocachild.org

The Council on Child Abuse provides educational and public awareness programs to prevent and stop abuse and bullying where children live, learn and play (peer abuse, bully programs).

#### **Alcoholics Anonymous**

(513) 351-0422 www.aacincinnati.org/

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

#### Alanon/Alateen

(513) 947-3700 www.cincinnatiafg.org/ Al-Anon has but one purpose: to help families of alcoholics.

#### **Overeaters Anonymous**

(513) 921-1922 www.oa.org

Overeaters Anonymous offers a program of recovery from compulsive eating using the Twelve Steps and Twelve Traditions of OA. Worldwide meetings and other tools provide a fellowship of experience, strength and hope where members respect one another's anonymity. OA charges no dues or fees; it is self-supporting through member contributions.

# <u>SEXUAL ABUSE RESOURCES</u>

#### Mayerson Center for Safe and Healthy Children

(513) 636-SAFE (7233)

#### http://www.cincinnatichildrens.org/service/m/mayerson-center/default/

The Mayerson Center for Safe and Healthy Children at Cincinnati Children's Hospital Medical Center conducts state-of-the-art diagnostic, treatment, prevention and training programs, as well as cutting-edge research in the field of child sexual abuse, child physical abuse, child neglect and parenting. Their child abuse team is a trained and multidisciplinary group that investigates cases of suspected abuse.

#### **Children's Hospital Emergency**

(513) 636-4293 www.cincinnatichildrens.org By going to the CCHMC emergency room, individuals can connect to the Mayerson Center.

#### Hamilton County Jobs and Family Services

(513) 241-KIDS (5437) (513) 946-1000 https://www.hcjfs.org/ Call HCJFS to report suspected abuse.

#### **Rape Crisis Center Hotline**

(513) 977-5541 24 hour hotline: (513) 381-5610 www.womenhelpingwomen.org/

Women Helping Women provides crisis intervention and support services for survivors of domestic violence, sexual assault and stalking in Hamilton County and survivors of sexual assault in Butler County.

# Talbert House Safeguards (513) 221-4357 https://www.talberthouse.org/media/helpstartshere/Safeguards%20PACT%20brochure.pdf

Talbert House Safeguards is a comprehensive treatment program serving three types of clients, which include victims of childhood sexual abuse, children and adolescents with sexual behavioral problems, families of these youth.

# SUICIDE PREVENTION RESOURCES

#### **Suicide Hotlines:**

Mobile Crisis Line- 513-584-8577 NAMI National Helpline- 800-950-NAMI (6264) National Suicide Hotline- 1-800-273-8255 Suicide Text Hotline 741-741 Text #HOPE Drug and Poison Control 1-800-222-1222

#### American Foundation for Suicide Prevention (Ohio Chapter)

(614) 542-9867 (800) 273-8255- Crisis Line Only www.afsp.org This organization is dedicated to a

This organization is dedicated to understanding and preventing suicide through research, education and advocacy.

# Children's Hospital- Psychiatric Intake Response Center

(513) 636-4124 http://www.cincinnatichildrens.org/service/p/psychiatry/contact/intake-response/ The Children's PIRC provides intakes and referrals for services.

# **MHAP (Mental Health Access Point)**

(513) 558-8888www.mentalhealthaccesspoint.orgMHAP provides a standardized entry to a managed system of care that ensures appropriate services are available, accessible, and of high quality. A 24-hour clinician is available.

# MindPeace (For Children's Mental Health)

(513) 803-0844 https://mindpeacecincinnati.com/suicide/ MindPeace is a search engine of sorts to help families find resources in our Tristate area.

NAMI Southwest Ohio (513) 351-3500 https://namiswoh.org/

# **Talbert House 24/Hour Helpline**

(513) 281-CARE (2273) www.talberthouse.org A hotline for immediate help.