

Milford Elementary 2018-19 Lunch Menu

MONDAY
Vegetable of the Day... Broccoli

Meatless Monday
Toasted Cheese w/Tomato Soup or Marco's Pizza

TUESDAY
Corn

Taco Tuesday
Taco in a Bag w/Brown Rice & Cheese, Black/Refried Beans Pudding

WEDNESDAY
Green Beans

"Chicken Little" Wednesday
Chicken Party on a Bun or Sliders Dipping Sauce WG Dinner Roll/Bun/Pretzel Rod Baked Beans

THURSDAY
Cooks Choice

Sticker Special
Brunch for Lunch Pancakes, French Toast, or Waffle w/Sausage or Chicken & Spuds

FRIDAY
Peas

Specialty Pizza

Meatless Monday
Pizza Dippers w/Marinara Sauce or Marco's Pizza

Mini Corn Dogs
w/Dipping Sauce Fruit Crisp

"Chicken Little" Wednesday
Chicken Drumstick & Mashed Potatoes w/WG Biscuit Pinto/Garbanzo Beans

Sticker Special
Cheeseburger & Spuds Baked Beans

Specialty Pizza

Meatless Monday
Cheesy Bread w/Marinara Sauce or Marco's Pizza

Taco Tuesday
Soft Taco w/Beef or Chicken w/Brown Rice & Cheese & Black/Refried Beans Pudding

"Chicken Little" Wednesday
Popcorn Chicken or Wings Dipping Sauce WG Biscuit/Pretzel Rod Baked Beans

Sticker Special
Brunch for Lunch Pancakes, French Toast, or Waffle w/Sausage or Chicken & Spuds

Specialty Pizza

Meatless Monday
Macaroni & Cheese Dinner Roll or Marco's Pizza

Taste of Cincinnati
Cheese Coney w/Cincinnati Chili Gelatin

"Chicken Little" Wednesday
Chicken Nuggets or Tenders Dipping Sauce WG Biscuit/Pretzel Rod Pinto/Garbanzo Beans

Sticker Special
Cheeseburger & Spuds Baked Beans

Specialty Pizza

Monday
Entrees are Meatless!
MEATLESS SUBSTITUTIONS ARE:
Pretzel & Cheese or Nachos & Cheese

Tuesday
Pudding, Fruit Crisp, Gelatin, or Cookie

Wednesday
One Chicken Selection

Thursday
Students who find a sticker under their troy receive a free snack!

Friday
Papa John, Dominos or Marco's Pizza

BREAKFAST MENU

MON	Warm Mini Cinnis Juice/Fruit/Milk
TUES	Cocoa Krispie Bar & String Cheese Fruit/Juice/Milk
WED	Warm Pancake on a Stick Fruit/Juice/Milk
THURS	Blueberry Waffles Fruit/Juice/Milk
FRI	French Toast w/Chocolate Chips Fruit/Juice/Milk

Alternate Entrees:

- Zee Zee Bar
- Glazed-Apple Fruit Pocket with Juice & Milk
- PB&J Bar

LUNCH PRICES
Regular Lunch: \$2.50
Reduced Price Meal: \$0.40
Adult Meal: \$3.75
Extra Entrée: \$2.00
Extra Milk: \$0.50

BREAKFAST PRICES
Breakfast: \$1.50
Reduced Price Breakfast: \$0.30
Extra Milk: \$0.50
Adult Breakfast: \$2.25

Menu is subject to change.



Lunch Includes: fruit, vegetable, & milk w/Menu items or: Chef Salad, Deli Sandwich, PB&J Meal, Yogurt Fun Tray, School Pizza

The Fruit & Vegetable Bar includes: fresh or canned fruit, romaine salad, and hot or fresh vegetables, in addition to the vegetable of day. Weekly vegetable sub-groups include dark green, red/orange, bean, starchy, & "other".

Students may select all sides.

Most Grains are Whole Grain

Two servings of fruit/vegetables are required w/meal.

MONTHLY SPECIALS will be announced, listed on the website, and a list will be sent home for parents.

Milk is fat-free or 1% white & fat-free chocolate

Please make checks payable to Milford Nutrition Services.

To check meal account balances, view a detailed list of payments received and items purchased, or to make a payment to your child's meal account - log into <https://www.spseipay.com/Milford/ezpay/Login.aspx>



Each week is represented by a color and represents a 4-week cycle menu. Follow the menu with it's calendar day.

AUGUST 2018		SEPTEMBER 2018		OCTOBER 2018		NOVEMBER 2018		DECEMBER 2018		JANUARY 2019		FEBRUARY 2019		MARCH 2019		APRIL 2019		MAY 2019																													
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Kitchen Manager Contacts:
 BES—Jennifer Miller: 996-5626
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 Meadowview—Mara Thomayer: 722-4834
 Parfison—Cindy Miller: 831-4017
 Seibert—Tedi Blinkhorn: 996-5582

For comments or concerns about the lunch program contact Gerry Levy: 576-2292

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This institution is an equal opportunity provider. Thank you for participating in the school lunch program!