

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Chili- No Beans 18g Hot Dog 2g Hot Dog Bun 26g Shredded Cheddar Cheese --- Spaghetti and Chili 19g/9g Glazed/Baby Carrots 3g/3.5g Cherry Crisp/Cherries Salad Greens 2g Noodles/Rice varied~15g	Toasted Cheese Sandwich Cheese ---- Wheat bread(1 slice) 10.5g Pickles(8) 3g Margarine ---- Tomato Soup 19g Fish Crackers(2oz) 38g Applesauce 11g Salad Greens 2g Noodles/Rice Varied~15g	Chicken Nuggets 13g BBQ or Honey Sauce 4g/8g Broccoli Cuts/Broccoli & --- Coulfiflower/Cal. Blend ~3g Pears 8-9g Salad Greens 2g Noodles/Rice Varied~15g	Meatball(4) 6g Mozzarella Cheese --- Spaghetti Sauce 4.5g Sub Bun 33g Baked Potato/Margarine 21g/0 Mixed Vegetables ~8g Pineapple 8g Salad Greens 2g Noodles/Rice Varied~15g	Macaroni & Cheese 23g Seasoned Green Beans w/ Onions 2g Peaches 8g-29g(4.4oz) Salad Greens 2g Noodles/Rice Varied~15g
Week 2	Pizza Dippers 15g w/ Marinara Dipping Cup 4g Hot Dog 2g Hot Dog Bun 26g Garden Peas 5g Cherries --- Orange Juice/Wedges 13g Salad Greens 2g Noodles/Rice Varied~15g	Hamburger or Cheeseburger 2g Pickles 3g Multi Grain Bun 27g Potato Rounds 11g Seasoned Green Beans w/Onions 2g Applesauce 2g Salad Greens 2g Noodles/Rice Varied ~15g	Chicken Hip Dipper/Tender 14g BBQ or Honey Sauce 4g/8g Broccoli Cuts/Caul. & Brocc/ --- Calif. Blend ~3g Pears/Diced Apples 8g Salad Greens 2g Noodles/Rice Varied ~15G	Taco Meat 4g Shredded Cheddar Cheese --- Bag of Fritos 15g Salsa 4g Corn 10g Mixed Fruit 8-11g Salad Greens 2g Noodles/Rice Varied ~15g	Fish Square w/ Cheese 21g Pickles 3g Multi-Grain Bun 27g Mix Veg-5Way or Peas & Carrots 8g Pineapple 8g Salad Greens 2g Noodles/Rice Varied ~15g
Week 3	Corn Dog 30g Honey Dipping Sauce 8g Glazed or Baby Carrots 3/3.5g Peaches 8-29g Salad Greens 2g Noodles/Rice Varied ~15g	Sausage Patty or Link 1-2g w/ French Toast Sticks 22g Syrup --- Orange Juice 13g Baked Apples, brown sugar, margarine 5g Salad Greens 2g Noodles/Rice Varied ~15g	Chicken Nuggets 13g BBQ or Honey Sauce 4/8g Broccoli Cuts/Broccoli & - Coulfiflower/Cal. Blend ~ 3g Pears 8g Salad Greens 2g Noodles/Rice Varied~15g	Turkey --- American/Mozzarella Cheese 0-2g Wheat Bread 10.5g Baked Potato w/ Margarine 21g/0 Garden Peas 5g Mixed Fruit 8-11g Salad Greens 2g Noodles/Rice Varied~15g	Chicken Fajita Meat --- Shredded Cheddar Cheese --- Tortilla 31g Corn 10g Pineapple 8g Salad Greens 2g Noodles/Rice Varied~15g
Week 4	Bagel 47g Sauce 2g Pepperoni --- Mozzarella Cheese --- Broccoli Cuts/Broc & Coul/ --- Calif. Blend ~3g Peaches 8-29g Salad Greens 2g Noodles/Rice Varied~15g	Hamburger or Cheeseburger 2g w/ Pickles 3g Multi-Grain Bun 27g Potato Wedges 23g Seasoned Green Beans w/ Onions 2g Applesauce 2g Salad Greens 2g Noodles/Rice Varied~15g	Chicken Tenders/Patty 15g/13g w/ BBQ or Honey Sauce 4/8g Pickles 3g Spinach 2g Pears/Diced Apples 8g Salad Greens 2g Noodles/Rice Varied ~15g	Beef Taco Meat w/ Cheese Sauce 4g & Tortilla Chips 21g w/ Salsa 4g Corn 10g Pineapple 8g Salad Greens 2g Noodles/Rice Varied ~15g	BBQ Riblette 11g Bun 33g Garden Peas 5g Mixed Fruit 8-11g Salad Greens 2g Noodles/Rice Varied ~15g
Week 5	Spaghetti/Rotini w/ 30g Meatsauce 9g or Spaghetti Sauce 9g w/ Meat Balls(4) 6g Garlic Toast 15g Mix Veg- 5 Way or Peas & Carrots 8g Applesauce 2g Salad Greens 2g Noodles/Rice Varied ~15g	Combo Meat 1g American/Mozzarella Cheese --- Multi-Grain Bun 27g Vegetable Soup 14g Fish Crackers(2oz) 38g Cherries/Cherry Crisp Salad Greens 2g Noodles/Rice Varied ~15g	Chicken Nuggets 13g BBQ or Honey Sauce 4/8g Broccoli Cuts/Broccoli & --- Coulfiflower/Cal. Blend ~3g Pears/Diced Apples 8g Salad Greens 8g Noodles/Rice Varied ~15g		